Ziggurat RACING

# ZIGGURAT CROSS AT THE BOWL

## CCXL ROUND 1
## SATURDAY 26 SEPTEMBER 2026

## OFFICIAL RACE COMMUNIQUÉ

VOOM

MILK & BEANS COFFEE ROASTERS

# KEY THINGS TO NOTE...

- READ this OFFICIAL RACE COMMUNIQUÉ
- Bring your own pins
- Swap a bank card/keys etc for your timing chip
- Timing chip on left ankle
- RETURN your timing chip post-race
- Have fun and respect others ✌️

We can't wait to welcome you to our fourth edition of Ziggurat Cross, Rd.1 of CCXL 2026, this time at the National Bowl. Expect the usual — a great course, good vibes, bangin' street food and prizes for podiums!

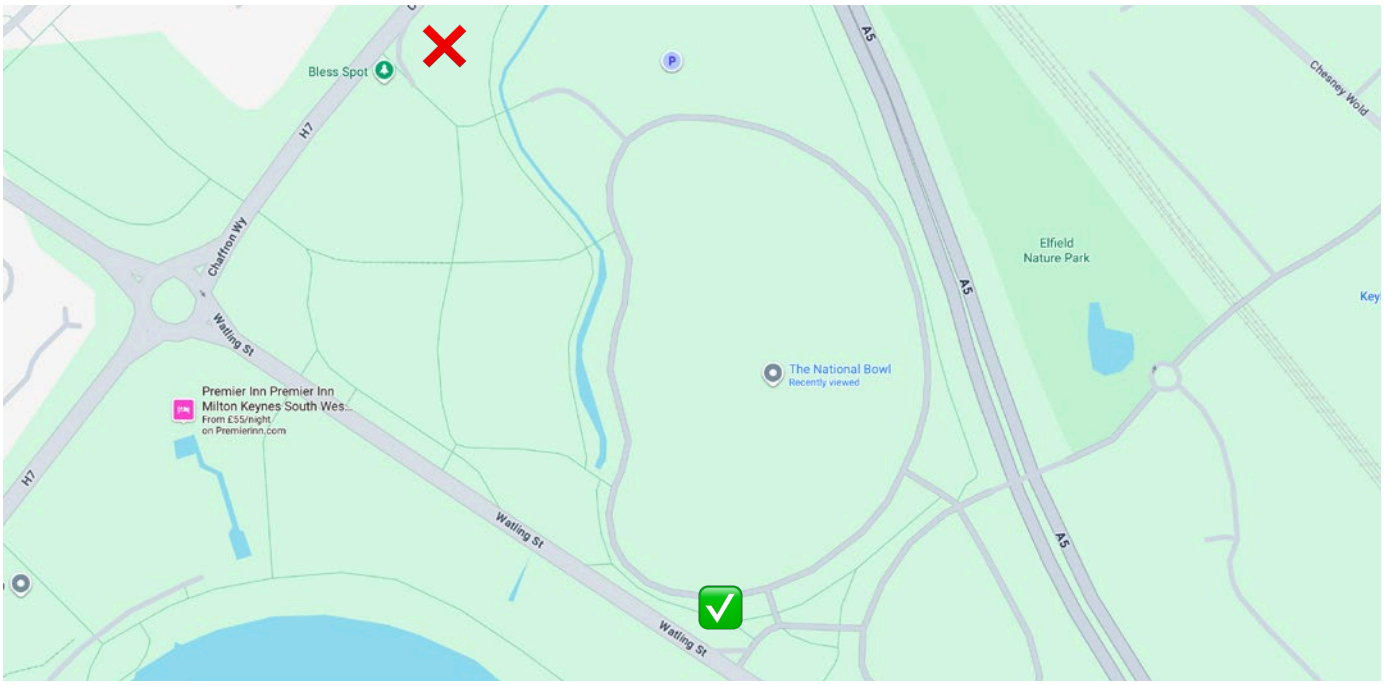
**Please take the time (5 mins)** to read this, the OFFICIAL RACE COMMUNIQUÉ as it will make sure you get the most out of your day, from racing, to prizes, to checking out the street food & drink post-race...

Share your day! Please tag @zigguratracing on insta and use #ZigguratCross.

## Venue

Milton Keynes National Bowl
Milton Keynes, MK5 8AA
What 3 words: ///albums.overnight.tools
Google Maps: https://maps.app.goo.gl/ieahePTMUGiJfamu6

**Entry to the event will be from Watling Street (V4) - NOT from the Chaffron Way (H7) entrance.**



## Registration and Race HQ

Registration will be open from 8:40 and located in the big stretch tent — it'll be pretty obvious!. Over 16 and older riders will need to pay for a day licence if you do not have a valid British Cycling membership (£5.00).

Please rack all bikes before going to sign-on. Do not bring your bike to sign on.

## Timing Chips

After registration you will be given a timing chip, these should be worn on your left ankle (not on the bike).

You will need something to exchange for your CHIP and RACE NUMBER i.e. a driving license, bank card or keys.

After finishing you will need to return your chip to registration in order to recover your collateral. Stick around for podium presentations and prizes!

## Numbers and Pins

You will be given a race number at registration at the same time as you are given your chip. Numbers are to be pinned to your back so as they are not obscured by clothing, or long hair. Please bring your own pins to every round and reuse these wherever possible throughout the season.

## Post-Race Protocol, Podiums, Prizes and All Racers

Take Timing Chip back to Race HQ immediately post-race, and support podium presentations (ten mins post-race).

Check out all of our great street food and drink from Milk & Beans Coffee, Oh My Cakery, Phil's Pizzeria and Holla Brewing.

## Toilets

We have 3 portaloos booked. Please be respectful and keep them as clean as possible.

## Street Food and Drinks

Milk & Beans will be keeping you well caffeinated with great, locally roasted coffee. Phils' will be serving up lush pizzas, we'll have some beautiful treats from Oh My Cakery and Holla Brewing will be keeping the adults hydrated.

## Race Results

Live results will be available on the day and will be posted HERE.

## Security & Liability

Please ensure that you take personal responsibility for all valuables, personal belongings and cycling equipment. Ziggurat and CCXL hold no responsibility for loss of belongings.

## First Aid

First aid cover courtesy of ALR Training and Event Medical Services

Should you need emergency assistance, MK Hospital is only a few minutes away:
**Milton Keynes Hospital**
Standing Way
Milton Keynes, MK6 5LD

## Race Day Timings

Note: all race timings are approximate and subject to change on the day.

| Time | Event | Duration |
|---|---|---|
| 09:00 | Course sighting, **kids course only** | 30 mins |
| 09:40 | Youth U8 / U10 | 10 mins |
| 10:00 | Under 12's | 15 mins |
| 10:30 | Course sighting, **full course** | 25 mins |
| 11:10 | Youth U14's/U16's | 30 mins |
| 11:11 | Novice | 30 mins |
| 12:00 | Junior (open) | 50 mins |
| 12:02 | Senior (open), Masters 40 | 50 mins |
| 13:00 | Course sighting, **full course** | 25 mins |
| 13:40 | Women (all) | 40 mins |
| 14:40 | Masters 50, Masters 60 | 40 mins |

For sighting laps, you must enter **ONLY** where indicated by the flag with smiley face on.

## Gridding

Gridding will take place close to the starting area of the race. Please arrive at the start area at least 10 minutes before the race is due to start to assist with gridding.

Gridding is for pre-entered riders only. Entries on the day will join at the back of the grid.

## Pits

The pits are dual-sided and are located near to the main event area and can be **accessed via a crossing point**. There is no facility to access water at the venue. If you require bike washing, you will need to bring your own water and NON-PETROL powered pressure washer.

Please only access pits if you're supporting a rider within the current race or collecting equipment from a previous race.

## Course Map

Note: the course is subject to change.

[View the live map on Google.]

# DON'T FORGET

- Bike, helmet, and shoes
- Bring something so swap for your timing chip
- Bring your own pins
- Timing chip on left ankle
- RETURN your timing chip post-race
- Join prize presentations, grab a refreshment, eat some food, watch some racing!
- Have fun and respect others ✌️
- Any help taking down the course at the end of the day is MASSIVELY appreciated - a few extra people taking some stakes out makes big a difference to this volunteer squad.

Ziggurat × Slow Boyz Run Club

# 5k'ish trail run at MK Bowl
# Laps with party vibes

New for 2026, we've added a fun 5k'ish trail run around elements of the course at the National Bowl. This will take place after the CCXL races finish at **3:45pm**.

It'll be a fun party vibe so bring your running shoes too and join in.

Just £5 to enter and this includes live timing!

**Enter Here**

# 26.09.26

ZIGGURATRACING.CC/RUN

5K'ISH - 3:45PM START

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zigguratracing.cc